

Thinking of Buying?  
Thinking of Selling?  
Call Me Today!

*Penny Lane*  
REAL ESTATE REPRESENTATIVE




ROYAL LEPAGE  
BROKER/MAXIMUM SERVICE

Call Me Today! 905-733-8996  
www.pennylanerealestate.com  
Office: 905-812-0222

# PelhamNEWS

Published by Osprey Media Publishing Inc. • Issue No. 2 Volume 15

ROYAL LEPAGE  
Plays Real Estate Game In, But  
REPRESENTATIVE

**House WORTH**

GO TO:  
www.calljanel.ca  
CALL 905-892-0222

JANET  
NEUWESTEG  
SALES REPRESENTATIVE

1815 Merrittville Hwy. • Fonthill

## ■ INSIDE

### BIKER GRANDMA

Motorcycle-riding septuagenarian Dorothy Seabourne is hoping her new book *I Did, You Can Too*, a tale of her life on a motorcycle, will help inspire others to follow their dreams.

See story, page 3

See Inside:

**INSERTS**  
Full Distribution

**Sears**

**THE HOME DEPOT**

**homes redplum**

**SNOW PLOWING**



905-892-6177  
Residential & Commercial

## ■ LITERACY: Pelham evening event Friday, Jan. 21



## Family fun night supports reading skills through games

WAYNE CAMPBELL  
PelhamNEWS Staff

It's all about making it fun to learn.

Pelham Public Library will give families a night out Friday, Jan. 21.

With a light approach, Play for Literacy, will encourage teaching reading skills through games.

The family fun night begins at 6 p.m. Fee is \$5 for an evening of pizza, popcorn and play. Advance registration is definitely necessary because of the popularity of the night.

"We've had family literacy nights for years," said children's services coordinator Jennifer Bennett.

Dr. Seuss and Robert

WAYNE CAMPBELL, Staff Photo  
Children's co-ordinator Jennifer Bennett of Pelham Public Library spells out Family Fun Night with big letters. Giant Scrabble is one of the games planned for the library's Play for Literacy evening on Friday, Jan. 21.

Munsch were previous themes for a program now held in January to provide a break from the winter blues.

"Children love to be in the library when it is closed," she said. "They can make noise and run around. They kind of take over the place."

For this family fun night, she will use tips from ABC Life Literacy Canada, which promotes Family Literacy day on Jan. 27.

It encourages parents to play games with children that can strengthen literacy skills of reading, making sounds for words or recognizing words.

"You want to mix it up to appeal to children from ages three to about nine or 10," Bennett said about the format.

A converted egg carton, for example, becomes a game with letters or letter sounds at the bottom and a bouncing ball. Close the carton, shake it, and open it read the bottom of the slot the ball fell into.

see LITERACY page 2

In Today's Market You Need More  
Than Just A Sign On Your Lawn...

*Debbie Pine*

*I will find you a House  
You can make it a Home*

debbiepine@royallepage.ca  
www.pinesold.com

Get  
**Pine-Sold**

**ROYAL LEPAGE**

Niagara Real Estate Centre, Brokerage  
Independently owned and operated.

Bus: 905-892-0222  
Sell: 905-321-2261

# upfront

■ **BUSINESS:** New fitness program available in Fonthill

## Kwikfit gets you in and out in 15 minutes



WAYNE CAMPBELL Staff Photo

Frank Adamson of Kwikfit Niagara demonstrates one piece of equipment he uses for a fitness program he is offering at the new studio he opened on Regional Rd. 20 in downtown Fonthill. Kwikfit is a resistance training program designed to develop fitness through weekly 12-minute sessions.

### ■ LITERACY

FROM PAGE 1

Bennett has cut large cardboard letters so visitors can play the Great Scrabble Game on the library's reading room carpet.

"You play as a family against other families," she

said.

Families will compete in a scavenger hunt using their last names.

"You have to find something for each letter such as book for B, egg for E, newspaper for N," Bennett explained.

She will read a detective

story filled with plays on words such as a duckective search for fowl and foul play.

"Older children and adults will enjoy the word play."

Parents will take home the skills.

They can use them for family nights of board games,

card games and creative activities.

"It's all about making it fun for kids to learn," she said. The approach "doesn't matter whether you're teaching math, science and other things."

People learn in different

ways. As a runner, he notices he doesn't lose the benefits.

If you ease off on regular workouts, you have to work yourself back up to a level," he said.

"I don't find that with this system."

In addition to normal fitness, he said, studies have found it benefits people recovering from heart surgery as well as those fighting weight, blood pressure and diabetes problems.

During the weeklong recovery process muscles burn sugar, he explained.

The workout system is a slow building process that limits strain on the heart.

Adamson said for those taking the program he asks them to consult their doctor "to sign off on it."

He said it can be used by the elderly to build up muscle strength, increase flexibility and increase bone density.

"It can prepare you to do other stuff such as cycling,

recreational hockey, or cross-country skiing. It will prepare you to do the things you want to do."

Adamson opened his studio about two months ago and has seen a steady increase in number of clients. They include business people, chiropractic, dental hygienist and paramedics.

"It's great for people who know they have to do something such as exercise but are stressed for the time to do it," he said.

A typical gym will involve up to two hours including change and shower for a workout, he said. Here it takes 15 minutes.

"You're in and out."

For information, you can see Kwikfit Niagara website at [www.kwikfitniagara.ca](http://www.kwikfitniagara.ca) or call 905-892-6200 or email [info@kwikfitniagara.ca](mailto:info@kwikfitniagara.ca).

The studio is at 8 Hwy 20 E. Fonthill.

[wcampbell@welandtribune.ca](mailto:wcampbell@welandtribune.ca)

**Lampman  
Funeral Home**  
724 CANBORO ROAD  
FENWICK (905) 892-4701

**Our Family Serving Your Family  
since 1911"**



Irvine Muir Terry Mikolasek



Wheelchair  
Accessible

# tempo

■ **BOOKS:** 70-year-old Niagara woman hopes to inspire others to follow their dreams

## Biker grandma

CHERYL CLOCK  
QMI Agency

ST. CATHARINES — She doesn't go looking for attention. At her age, she would just as soon leave centrestage to the younger set.

Trouble is, when 70-year-old Dorothy Seabourne pulls up in the 450-kilogram piece of machinery she affectionately calls her Silver Ghost — a 2005, 1,800 cc Honda Gold Wing motorcycle — and lifts off her helmet to reveal a swath of cropped white hair, it's hard not to do a double-take.

"This, she realizes. After all, when you're a biker grandma, it stands to reason that you'll attract some attention. And, sure, she'll tolerate a little limelight, if it encourages other women to follow their dreams, on the seat of a motorcycle or otherwise.

Seabourne has toured across Canada, the United States and Europe on two wheels. And last year, embarked on a different journey and self-published a collection of short stories about her adventures: *I Did, You Can Too* (S&W Trafford Publishing).

She will be sharing some of those stories at the Pelham public library on Sunday, Jan. 23, starting at 2 p.m. Her love of motorcycles began more than 30 years ago, when her husband's brother left behind his 1976 Honda Gold Wing on his way out west.

Dorothy got her initiation in the passenger seat, behind husband Frank.

But that grew old pretty fast. So, she took a course on bike safety and somehow found herself behind the handlebars of the Canary yellow Gold Wing. It was scary. Big. And she worried it would fall over on her. But she did it anyway.

She started riding in the back roads, Frank following behind in their van. She rode well, except for the one time she forgot to kick up the side stand and was startled by a loud, scraping noise

that followed her down the road. She realized what she'd done and pulled over. "I didn't drop it," she says, laughing.

Every night after work she'd take it for a ride. Then came the day she would prove her abilities — the day she would conquer Clifton Hill.

She picked a day with little traffic. Good weather. And went down, really, really slowly.

At the bottom, she assessed her accomplishment: "This is really my 'a big deal'."

From there, she worked her way up to highways QEW, I-75, I-90, Autostrada, and roads in Italy. She's rode through the Swiss Alps. And through torrential rain coming down the Big Horn mountains in Wyoming.

These days — more than 800,000 kilometres and seven bikes later — nothing much fazes her.

On this day, she sits at a local coffee shop with three of her biker buddies. They all belong to the Motor Maids, a women's motorcycle organization, and with members across North America.

She likes speed, she says. How fast? She just smiles, as one friend offers up, "Way too fast." The group laughs.

She rides assertively, she says. She's not intimidated to share the road with even the biggest tractor trailer. "I'm in the lead," she says. "I don't stay behind anything."

Her Silver Ghost with its powerful V6 engine goes so smooth, she'll be going 140 km/h and it will feel like 120.

"You know you've got a jet under you," she says. "I'm not afraid of this one. You just have to get used to how strong it is." Strong, and fully loaded. An in-helmet stereo operated wirelessly through her iPod that rivals any home system. CB radio system. Orange saddle bags and a trunk. And white aerodynamic front shell with lots of chrome.

It was loved for a short stint. She spotted it for sale in a bike



Dorothy Seabourne, a motorcycle riding septuagenarian, will discuss her book, *I Did, You Can Too*, at the Pelham Public Library Sunday, Jan. 23 at 2 p.m. It's a primer on how to get started as a motorcyclist no matter what your age and includes tales of her travels across Canada, North America and Europe.

magazine — with only 11,000 km. It was her favourite colour — a pearly, sparkling white. "When I saw it, I thought, 'That's it'."

She called up the seller, near Sarnia, and told him: "Put a hold on it. Don't let it go."

She's never been shy to negotiate her own deal.

"I have attitude," she says, laughing. "The only person I have to get past is my husband."

Frank is a mechanic. Eventually, she'll ask for his help. "After I've decided what I want," she says.

They drove to have a look at the bike.

"What, do you think," she asked.

"It looks OK," offered Frank. That was enough. It was a done deal.

He took it on the 402, with

instructions from his wife: "I want you to open it up." He did. It passed.

She drove it the rest of the way home to Sheraton, following Hwy. 3 from Ingersoll. It was more powerful than her last bike. A brand new Gold Wing runs about \$55,000. And a little scary. "Until I got used to it," she says.

"I really have to be in sync with it."

That didn't take long. In fact, it proved itself the time she and fellow biker Heidi Roy from the Binbrook area were winding their way down the Big Horn mountains in Wyoming.

They got caught in a snowstorm and torrential rain so severe they had to park their bikes on the roadside and run for cover under nearby trees.

"It was like the gods up there didn't know what to do," Dorothy Seabourne can think of a few

WAYNE CAMPBELL Staff photo  
to be made for the book.

she says.

Once the rain subsided, they ventured back to their bikes — entombed in a layer of slush — and put on their rain gear.

They whiff, four-way flashers on, down the steep, zig-zagging road that was more like a river than slab of pavement.

Confidence is a two-way street.

You need it to ride. And you get it from riding.

Biker friend Rose DeLottiville says the same balance needed to ride a bicycle is needed on a motorcycle. "The more confident you are, the better you ride," she says.

"The better you ride, the more confident you become."

Secure enough to laugh off the array of comments and silly questions, mostly from male riders.

Seabourne can think of a few

### Queensbury Securities Inc.

Gallant Financial Services



"Superior Service  
and Advice  
You Can Trust"

Stocks • Bonds • Mutual Funds • Insurance

Larry J. Gallant, Financial Advisor

1462 Pelham St. Unit 4

Fonthill, ON L0S 1E0

Office: 905-882-2100 Cell: 905-880-4617

larry.gallant@queensbury.com

### Need to know

Dorothy Seabourne's book, *I Did, You Can Too* (\$20, Trafford Publishing) can be purchased through online bookstores or by contacting the author at dorothyseabourne@yahoo.ca.

What: Dorothy Seabourne, 70, author, motorcycle rider, photographer and upholsterer shares her on-road motorcycle adventures. Dorothy began riding in 1976 when a relative left a motorcycle behind at her home and hasn't looked back. She hopes to encourage an aging female population that dreams are there for the making.

Where: Sunday, Jan. 23, 2 p.m.

Where: Pelham public library, 43 Pelham Town Square.

Cost: \$2.50 Call: 905-882-6443 or visit: www.pelhamlibrary.on.ca.

she and her friends have heard when on long road trips.

"Did you ride that all the way here?" A question which prompted the female biker to answer: "Well, I didn't put it in my pocket."

Or, "Is your husband going to let you do this?"

No response needed here.

Usually, once the women start talking about their bikes, they get respect, she says.

But she has nothing to lose. Riding isn't about the image, it's about the journey. A motorcycle takes her to places of mental freedom. The focus that it takes just to drive the bike and be aware of surroundings, eliminates all other possible thoughts.

Add to that a little Honda, Harley, Patsy Cline and ABBA on shuffle road, along with an empty back seat, and she's in biker paradise.

"There is a space where no one is in except me," she says.

"Every day, I'm thankful for one more day to ride."

So, she says, she wouldn't alter a convertible with a nice sound system offer the same open-air freedom?

Of course, it would, comes the unanimous response around the table.

Once the laughing subsides, Seabourne offers the best explanation: "Four wheels are a cage."

# PelhamNEWS

Published by PelhamNEWS  
Osprey Media Publishing Inc.  
228 East Main St., Welland, ON L0S 1E0  
Tel: 905-732-2414 ext. 246 Fax: 905-732-3650  
e-mail: pelhamnews@welland Tribune.ca  
advertising: tricorn@pelhamnews.com

Ken Koyama

RECEIVED, CASSIA WELLS

Wayne Campbell, owner

**SUN MEDIA**  
A Quotator Media Company

## perspective



Wayne Campbell  
EDITOR

## You can blow away stereotypes

Dorothy Seabourne will challenge seniors when she speaks at the Pelham Public Library on Sunday, Jan. 23 of today's edition, Seabourne has made a life out of doing the unexpected.

"The more you force yourself to do something, the easier it does to do more," she says summarizing her advice to other seniors.

"You will feel self confident. It encourages you to keep it up." The motorcycle rider will discuss her book about learning how to drive her big Honda motorcycle and anime adventures she had with a series of them when she speaks on the Sunday afternoon. She admits that the older you get, you may get a little slower, but it doesn't mean you have to stop striving. Seabourne recalls an article by Gloria Steinman, who wrote dreams were simply a plan taking shape. Following that dream is fulfilling the plan.

Seabourne says the originally wrote the book for her grandchildren. "I want them to know their grandmother had a life of her own," she says. It was her friend who encouraged her to tell her story to the public.

Any grandchild will understand her motive to write her story. We all want to tell our grandchildren what we did. But it is fortunate, her friend pushed her to take her book to another level. No matter what our age, we all need someone to challenge our assumptions.

It's too easy to fall into a trap of accepting stereotypes as the way things are supposed to be.

You can blow them away.

# comment

## TOBOGGANING



BOB TVMCZYNSKY QMI Agency  
Shaelyn Warburton slides down the slope at White Meadows Farms Sunday. White Meadows has opened its pancake house early before the maple sap starts running so visitors can enjoy skating and tobogganing. It's open Saturdays and Sundays until April 10. Check website www.whitemeadowsfarms.com.

## Benjamin Moore

Now Booking  
for the  
New Year!

*Fonthill Paint & Decorating*  
For all of your Decorating Needs  
Residential and Commercial Painting Services  
Merry Christmas & Happy New Year

96 Hwy 20, Fonthill (beside Sobey's) 905-892-9977 • e-mail: paintanddecorating@copaco.net

## Teetering on the brink of a food crisis

If all the food in the world were shared out evenly there would be enough to go around. That has been true for centuries now: If food was scarce, the problem was that it wasn't in the right place, but there was no global shortage. However, that could be true for much longer.

The food riots began in Algeria more than a week ago, and they are going to spread. During the last global food shortage, in 2008, there was serious rioting in Mexico, Indonesia, and Egypt. We may expect to see that again this time, only bigger and more widespread. The poor, urban multitudes in the rapidly developing countries (including China and India) spend up to half of their income on food, compared to only about 10% in the rich countries.

As the food prices soar, these people quickly find that they simply lack the money to go on feeding themselves properly — and the food prices now are at an all-time high.



Gwynne Dyer  
AROUND  
THE WORLD

"We are entering a danger territory," said Abdolreza Abbassian, chief economist at the Food and Agriculture Organisation, on Jan. 5.

The price of a basket of cereals, oils, dairy, meat and sugar that reflects global consumption patterns has just broken through the previous record, set during the last food panic in June, 2008.

There is still room for prices to go up much higher, if for example the dry conditions in Argentina become a drought, and if we start having problems with winter kill in the northern hemisphere for the wheat crops, said Abbassian.

After the loss of at least a third of the Russian and Ukrainian grain crop in last summer's heat wave and the devastating floods

in Australia and Pakistan, there's no margin for error left.

Global food prices are already spiking whenever there are a few local crop failures, because supply barely meets demand even now.

As the big emerging economies grow, Chinese, Indian and Indonesian citizens eat more meat, which places a great strain on grain supplies.

Moreover, the world's population is now passing through seven billion, on its way to nine billion by 2050. Climate change is going to make the situation immeasurably worse.

The modest warming that we have experienced so far may not be the main cause of the floods, droughts and violent storms that have hurt this year's crops. But the rise in temperature will continue because we cannot find the political will to stop the greenhouse-gas emissions.

SEE DYER page 4

## What's ahead for 2011?

As we start a new year, you might be wondering about some of the major undertakings that will be in store for Pelham in 2011.



Dave Augustyn  
MAYORAL VIEW

## 2011 CAPITAL & OPERATING BUDGETS

The draft capital budget — the budget for large, tangible items like roads, vehicles, and buildings — will be presented to a special committee on Jan. 24 and is scheduled to be considered by council on Feb. 7.

General Committee will review the 2011 operating budget, and the water and sewer budgets on Feb. 28 with Council scheduled to consider them on March 7.

## STRATEGIC PLAN

In early-February, council will meet to develop a new strategic plan for the town. With three new councillors and three returning councillors it makes sense to update the town's "Strat Plan" so that we can have a clear guide for not only the next four years but well beyond. Prior to the full-day planning session, Staff will provide an update on the successes of our existing plan.

## MAJOR INFRASTRUCTURE

The town is working hard to finish some major infrastructure improvements.

The good news is that Haist Street's reconstruction, Downtown Fonthill's revitalization, and the construction of Pelham Fire Station No. 2 will all be completed by the end of the second quarter of 2011.

While the Fire Station work will continue during the winter, the majority of the road works cannot be completed until after the asphalt plants open up again in late-March / early-April. That doesn't mean the work will stop, however. Immediately prior to warmer spring weather, the contractors will complete the underground works — water and sewer hook-ups and storm sewer construction.

SEE MAYOR page 4

## ■ MAYOR

# Much to accomplish in the coming year

## FROM PAGE 4

## RECREATIONAL FACILITIES

As you will recall, the recreational facilities committee's broad mandate includes reviewing the future of all town recreational facilities—arena, outdoor pool, sports fields, and parks.

In early 2011, the committee will issue a final report on a functional analysis, refined capital and operating costs, and a test of the business case for a community centre facility.

It is expected that council will then gather significant and informed public input about the report's recommendations.

I will push hard for affordable and workable

solutions with a phased action plan for recreation.

## EAST FANTHILL SECONDARY PLAN AND OFFICIAL PLAN UPDATE

The current schedule will have the town reviewing, gathering public input, and completing both the East Fonthill Secondary Plan and the town's new Official Plan in 2011. You will hear more about these items in the Spring.

Of course, there is much other work to accomplish as well; council and I look forward to working together with you on it.

You may contact Mayor Dave Augustyn at [mayordave@pelham.ca](mailto:mayordave@pelham.ca) or read past columns at [www.pelhammayordave.blogspot.com](http://www.pelhammayordave.blogspot.com).

## ■ DYER

## FROM PAGE 4

The rule of thumb is that we lose about 10% of world food production for every degree in degree in average global temperature. So the shortages will grow and the price of food will rise

inexorably over the years.

But that means that a lot of people in developing countries will not be able to buy enough food for their families.

They will go hungry, so they will get angry, and then the riots will start—over and

over again.

In some places the rioting will turn into revolution.

In others, the rioters will become refugees and push up against the borders of countries that don't want to let them in.

Or maybe we can get the

warming under control before it does too much damage. Hold your breath, squeeze your eyes tight shut, and wish for a miracle

*Gwynne Day's latest book, **Crawling from the Wreckage**, was published recently in Canada by Random House.*

**THE PASSHEDS**  
small ads **BIG deals**

## Want to Improve Your Health?

You know the expression... you are what you eat. That's because your digestive system plays such an important role in helping you stay healthy. Or not. Poor digestion adversely affects your health in so many different and unhealthy ways.

Over 8 million people in Canada suffer from poor digestive health!

Poor digestive health is characterized by problems such as bloating, gas, constipation, diarrhea, Crohn's disease and irritable bowel syndrome. Conversely, people with healthy digestive tracts have beneficial micro-organisms that live in their intestines. These healthy bacteria, called "flora," play an important role by improving digestion and promoting good health.

So many health problems are a direct result of your digestive health. Poor digestion can lead to serious health conditions such as lactose intolerance, food allergies, bowel inflammation and inhibit absorption of food nutrients.



The friendly, healthful bacteria in Bio K+ can help you to digest and absorb food much better. Many people rely on Bio K+ to help with chronic intestinal problems such as constipation, Crohn's disease and Irritable Bowel Syndrome.

Additionally, healthy intestinal flora has been shown to effectively reduce LDL (bad) cholesterol and increase HDL (good) cholesterol levels.

Bio-K+ is a probiotic formula that gives your body a significant amount (at least 50 billion cells) of fresh, live and active bacteria. The friendly, healthful bacteria in Bio K+ is a patented remedy to help restore your intestinal flora, to strengthen your immune system and lower your total cholesterol levels. Bio-K+ can help improve your health.

For more information about Bio K+, visit [Rosemary's Natural Choices](http://Rosemary's Natural Choices).

15 pack

**Sale... \$38.99**

Sale ends February 1<sup>st</sup>

**How about a FREE cup of coffee?** Drop by Rosemary's Natural Choices and enjoy a cup of organic, fair trade coffee. Our treat! Joe, Brenda and Tina have been keeping Wellanders healthy for over 17 years. Good health, natural remedies, great people and free coffee. It doesn't get any better than that!



**Rosemary's Natural Choices**

95 Lincoln Street (St. Charles Plaza)  
1 Block South of Puppos in Welland  
Phone: 905 714-0586

[www.rosemarysnaturalchoices.com](http://www.rosemarysnaturalchoices.com)

Information is provided for reference only. For specific health issues consult your local natural health practitioner.

**AIR DUCT SYSTEM CLEANING**

*All CLEAN*  
cleaning services

Do you suffer from headaches, allergies, asthma or nasal congestion? Clean Air Ducts can help you breathe easier.

**Winter Savings!**

Before After

Indoor air can be 10% More Polluted than outdoor air  
Clean Ducts reduce Gas/Biole Risk

Customer Satisfaction Guaranteed  
Over 17 Years Experience  
"We Care about the Air You Breathe."

**905-834-4499**

Port Colborne, ON  
SERVING THE NIAGARA REGION

**SAVE \$30** INCLUDES ALL LOOK UPS  
**FREE Disinfectant**  
Call Now From \$79.95  
"We use the most powerful, efficient and technologically advanced equipment available."  
"We use the most powerful, efficient and technologically advanced equipment available."  
"We use the most powerful, efficient and technologically advanced equipment available."  
"We use the most powerful, efficient and technologically advanced equipment available."

**50s Sock Hop**  
AT THE SMITHVILLE CHRISTIAN HIGH SCHOOL GYM  
6488 Smithville Rd in Smithville  
**FEATURING LIVE 50S MUSIC WITH MARTY ALLEN & Band**  
[www.martyallenband.com](http://www.martyallenband.com)  
SATURDAY, JANUARY 15, 2011 • 7:00 PM  
\$15 STUDENTS (AGE 13+) \$25 ADULTS • \$30 AT THE DOOR  
TICKETS AVAILABLE AT THE SCHOOL OR CALL 905-957-9255  
or Kathy Elmer 905-957-9039 • [admission@smithville.ca](mailto:admission@smithville.ca) or Donna Peddies 905-945-3736 • [info@smc.ca](mailto:info@smc.ca)

**SNACKS & REFRESHMENTS**

**DOOR PRIZES!**

**PRIZES FOR BEST DRESSED!**

**RAISING FUNDS FOR SMITHVILLE CHRISTIAN HIGH'S NEW SOCCER FIELD**

**THIS AD SPONSORED BY DOYLE & NELSON FINANCIAL SERVICES**

**Don Nelson**  
CIP, MBA, CFA  
Doyle & Nelson Financial Services  
[www.donelson.ca](http://www.donelson.ca)

**Matt Dam**  
Hon. BA, BA  
[www.mattadam.ca](http://www.mattadam.ca)

Bus 905-892-5993  
Toll Free 1-888-889-4742  
365 Hwy 20 West  
(Next to the Log Cabin)  
Fonthill ON

**Sun Life Financial**

© Sun Life Insurance Company of Canada, 2011



■ **WOMEN'S INSTITUTE:** Remember Vici Dunk with moment of silence

# Fonthill and Singer's Corners support world women's group

**PAM BRONN**  
For PelhamNews  
International Affairs was

the focus when 14 members and one guest of the Fonthill and Singer's Corners branches met at the home

of Beth Wilson on Kottmeier Road. A minute of silence was observed to remember Vici

Dunk who recently passed away.

A donation was sent to Canada Comforts, a project which Vici supported.

A letter of thanks for the latest box of knitted toques, sweaters, afghans, and washclothes was received from Sylvia Hatfield of the above organization.

Another large box is ready to be sent thanks to the energetic knitters and sewers in these two branches.

It was announced that the Jan. 31 Niagara District W.I. board meeting will be held at 1:30 p.m. at the Bertie and Clinton Office at Turner's Corners instead of at the Cook's Mills Hall.

Pam Bronn, International

Convener, spoke on the work of the Associated Country Women of the World (ACWW), which boasts members in 70 countries around the world.

Five hundred delegates recently met in Hot Springs, Arkansas, where resolutions were passed to urge governments to make credit accessible to women to start grass roots businesses such as farming, brick making, candle making, and agroforestry.

ACWW works closely with the United Nations, having representatives there pressing for gender justice, maternal health, and an end to sexual brutality to women and girls in war-rav-

aged countries, where rape is common as a means of subjugation.

It is encouraging to note that the UN has set up an agency to be known as UN Women, merging four parts of the UN system dedicated to women's issues which will create a much stronger voice for women and for gender equality at the global level.

The next meeting will be Feb. 2, at 1:30 p.m. at the home of Ruth Dudziak in Welland.

The program will be on Tweedsmuir History.

The rollout will be "something you have always wanted to do".

Guests warmly welcomed.



**270° WEST**

Port Colborne's Premier  
**Casual Ladies Apparel**  
HANDBAGS & ACCESSORIES

**WINTER CLEARANCE SALE**

Hurry In for Best Selection!

**50% off** ALL FALL & WINTER  
\*excluding scarves and accessories

224 West St. Port Colborne • 905.835.5024  
WINTER HOURS TUESDAY THRU SATURDAY 10AM-5PM

**VOTED #1**  
2009  
2010  
2011  
2012  
2013  
2014  
2015  
2016  
2017  
2018  
2019  
2020  
2021  
2022  
2023  
2024  
2025  
2026  
2027  
2028  
2029  
2030

**DRIVER EDUCATION**

**AAPEX DRIVING ACADEMY** Register On Line!

**aapexdriving.com**  
8 LOCATIONS

**PelhamNews**

Pelham News is a member of The Ontario Community Newspapers Association

## What is the importance of healthy eating for denture wearers?

The relation between significant tooth loss and the ability to chew fresh fruits, vegetables and meats, has a great impact on the nutritional value of one's diet. Toothless or partially edentulous individuals are at a higher risk of malnutrition. Edentulous individuals with poor nutrition intake may be at higher risk for a variety of diseases. For example those who consume little vitamin A are at a higher risk for various forms of cancer, heart disease and rheumatoid arthritis. Similarly the dietary deficiencies of vitamin B are associated with various cancers, heart and Parkinson's Disease and low vitamin C and thiamine levels lead to a reduced immune system function, cardiovascular disease, hypertension and nausea, constipation as well as appetite and weight loss. Another ill effect of a low nutrient diet is a loss of muscle mass and strength caused by inadequate intake of protein, which could further increase frailty. An increased intake of fat and cholesterol observed in toothless patients have been associated with obesity, diabetes mellitus, as well as arteriosclerosis.

## What can I do to prevent any of this happening to me?

Considering the vast implications of a low nutrient diet, it is worth acknowledging that nutritional balance and good health can be significantly improved and restored with the use of a well made denture, and a vitamin supplement regime planned by your doctor. A well made denture, will allow you to introduce back into your diet all the nutritionally laden foods such as fresh fruits and vegetables, proteins and nuts that were avoided when chewing with an ill-fitting, poorly designed denture. Individuals with implant supported dentures, greatly improve their food choices by including more hard to chew foods that are rich in nutrients, therefore greatly improving their health status.

To switch to a more balanced diet may be as easy as having well fitted dentures, that allow for improved chewing and grinding function. The ability to better chew fruits, vegetables, meats and nuts will increase your nutrient intake and may decrease your risk of various disease. For more information see your Denturist.

Call For **FREE** Consultation  
**788-9676**

3-547 Thorold Rd., Welland  
Corner of Thorold & South Pelham

**DAN GRABOWSKI DD**

## ADVERTISEMENT

Do you know someone who would like to receive the

**PelhamNews**  
by mail?



The **PelhamNews**  
Now Available by Mail  
**EVERY WEEK!**

Subscribe for:  
\$25.00 for 6 months  
\$49.00 for 1 year

## ■ ROTARY CLUB DONATION



Supplied Photo

Tove Bowman, left, secretary, Rotary Club of Fonthill, delivers a \$500 cheque to Amy Ball, founder of the Friends of Kurdistan Foundation, during a recent Rotary meeting. Ball, a Pelham native, returns to Kurdistan next month to continue her humanitarian work.



## CHARTERED ACCOUNTANTS

DURWARD JONES BARKWELL  
A COMPANY LLP

## CONGRATULATIONS TO OUR NEW CHARTERED BUSINESS VALUATOR



Please join us in congratulating Corey Miles, B.Acc., C.A., C.B.V. for his success in passing the Canadian Institute of Chartered Business Valuators Member's Entrance Examination. The examination is the final requirement leading to the Chartered Business Valuators (C.B.V.) designation.

**Corey Miles, B.Acc., C.A., C.B.V.**

Dig enough to know  
small enough to care

Burlington  
Tel: (905) 681-6900  
bur@djbb.com

Fort Erie  
Tel: (905) 371-3565  
for@djbb.com

St. Catharines  
Tel: (905) 684-9221  
stcath@djbb.com

Stoney Creek  
Tel: (905) 361-2992  
screek@djbb.com

Grimsby  
Tel: (905) 545-5439  
grim@djbb.com

Welland  
Tel: (905) 735-2140  
welland@djbb.com

Hamilton  
Tel: (905) 325-9520  
hamilton@djbb.com

Niagara Falls  
Tel: (905) 357-5711  
nfalls@djbb.com

[www.djbb.com](http://www.djbb.com)

# PHARMASAVE®



Aaron Baggio  
R.Ph., B.Sc., PHM

Scott Penner  
R.Ph., B.Sc., PHM

## Vaccines

There haven't been that many major breakthroughs in medicine since the discovery of vaccines and antibiotics. The reason why people are living longer, and there is less childhood mortality is in large part due to antibiotics and vaccines.

There is still much debate about vaccination and antibiotic use. It is true that antibiotics are over used. Many childhood illnesses such as earaches and viral respiratory illness are treated inappropriately with antibiotics. However, when it comes to vaccination, the possible chance of serious side effects from the vaccine are small compared to the morbidity of the illnesses we are trying to protect our children from. Because we have such wonderful vaccines available people forget the seriousness of the illnesses caused by these viruses. If you are a parent trying to decide whether or not to have your child vaccinated, there is an excellent section on childhood vaccines on the Canada Health website. ([www.hc-sc.gc.ca](http://www.hc-sc.gc.ca))

Recently some new vaccines have been introduced. The first is the Gardasil HPV vaccine. Until now it has only been available to females. A medical advisory panel for the FDA has now agreed that in males ages nine to twenty-six it would be both safe and effective. The vaccine is used to prevent HPV, a virus that can cause genital warts and cancer. By vaccinating males this may help stop the spread of the virus and further protect women. There are many strains of HPV. Two types, 6 and 11, are responsible for 90% of genital wart cases and two others 16 and 18 are responsible for 70 percent of cases of cervical cancer. Gardasil protects against all four strains. There may soon be another vaccine on the market called Cervarix, protecting against strains 16 and 18 which would be available to females. Again, parents have been struggling with the decision of having their children vaccinated. There is a lot of misinformation on the internet. The best way to decide regarding this vaccine is to speak with your health care professional.

A new vaccine called Zostavax is also now available. This is a vaccine for adults 60 years and older to help protect against shingles. Shingles is caused by the same virus that causes chickenpox. Once you have had chickenpox the virus stays in your nervous system. At some point the virus can become active again resulting in a painful rash that can blister and last up to 30 days. This vaccine can help prevent shingles, or lessen the pain of the rash if you develop it. The vaccine is a live, weakened form of chicken pox, that helps strengthen your immune system. Because it is a live vaccine patients with a weakened immune system should not get the vaccine. As well, you need to notify your physician if you will be in contact with newborn infants, someone who may be pregnant and not had chickenpox or been vaccinated, or someone who has problems with their immune system.

Zostavax needs to be stored in a freezer until it is to be injected. Because of the very specific storage instructions, only a few pharmacies will be carrying this vaccine at this time. If you should want the vaccine please contact your pharmacy first to see if they can carry it for you.

If you have any questions regarding vaccines please feel free to contact one of our pharmacists to answer your questions.

## FONTHILL PHARMASAVE

165 Hwy #20 W. #7

**905-892-4994**

[www.fonthillpharmasave.com](http://www.fonthillpharmasave.com)



# GIANT TIGER

Fonthill Location ONLY! Friday, January 14th to Sunday, January 16th

## January Price Freeze!!!

**WHILE SUPPLIES LAST**



**AS SEEN ON T.V.!**

### Sink Wizard

**LESS THAN  
1/2  
PRICE**

Reg. 7.97

## \$2.97



**AS SEEN ON T.V.!**

### Clearvision HD

**1/2  
PRICE**

Reg. 8.97

## Wraparound Sunglasses \$4.48



**AS SEEN ON T.V.!**

### Glass Watering Sphere Deluxe

**1/2  
PRICE**

**2 Pack  
Reg. 4.87**

## \$2.48



**1/2  
PRICE**

**With Instant  
Coupon!  
Reg. 5.97**

### Pledge Fabric Sweeper

## \$2.98



**SAVE  
\$1.00**

### Quikki Compostables

**Mini Liners**

**20 Pack  
Reg. 2.97**

## \$1.97



**WOW!  
50¢  
PER BATTERY**

Reg. 12.97

### Duracell

**Copper Top  
Batteries  
AA or AAA**

## \$10



### Assorted Wonder Bras

Compare at \$25.00

## \$10

### Del Monte Apple Grape Juice Pouch



**1/2  
PRICE**

Reg. 2.97

## 100% Juice Blend \$1.48

*Only  
at...*

# #20 HWY 20 FONTHILL





■ ENTERTAINMENT: Marty Allen band playing Saturday

# Pelham parents organizing '50s Sock Hop

For PelhamNEWS

Thousands of people enjoyed his high-energy performance at the Fossilhill bandshell this summer, now Marty Allen will be back in the area in January with an all-ages event.

A '50s style Sock Hop, featuring Marty Allen and his band, is in the works for Saturday, at Smithville Christian High School. A team of local music lovers has been working since the summer to organize what promises to be an evening of fun and great '50s music.

The idea for the sock hop

came from a small group of Pelham residents whose teenagers attend Smithville Christian High School and who were looking for a way for friends to get together and have fun.

"A few of us thought it would be fitting to organize an event that has one central theme; to have some good wholesome fun and invite the whole community to join in," said Kathy Elmers of Fenwick, one of the organizers.

Lorraine Wierenga, also on the organizing team agreed, "The Jan. 15 date is a great way

to shed the post-holiday and mid-winter blues that tend to sink in around this time."

Marty Allen, a native of St. Catharines, is a gifted musician who charms audiences everywhere he performs. Allen was a featured performer at the Fossilhill Bandshell this past summer, where he played for a crowd of more than 2,000 people.

Allen has been singing and

playing guitar since he was a small boy, when he was constantly exposed to many popular '50s artists including Elvis Presley and Johnny Cash. He composes and sings rockabilly and honky-tonk and has released five independent albums over the years.

Back in the day, those black heels would leave behind marks on the gymnasium floors, said Elmers. The famous

Sock Hop was the result of boys and girls politely taking off their shoes and continuing with the fun of the evening, she said.

The invitation is out - come and join the community and kick off your shoes for a great evening of music, food and fun. Donna Federna, also part of the team, says, "It's a come-as-you are event although prizes will be awarded for the

best '50s outfits."

Advance tickets are \$20 each, \$15 for students (Grade 8 and up) and \$30 at the door.

For more information or to buy tickets, contact Kathy Elmers at 905-892-5039 akelmers@talkwireless.ca, Lorraine Wierenga at 905-892-5862 lorainewierenga@gmail.com or the Smithville Christian High School office at 905-857-3255 sdoffice@scsh.on.ca



Supplied Photo

Two sock-hoppers are ready to dance in '50s style at the Smithville Christian High School dance Saturday.

We'll give you something to **SMILE** about!

- Full & Partial Dentures • Emergencies & House Calls
- Free Consultation • Upper & Lower Dentures
- Same Day Repair & Refine Service Available

**Horbert Gieger** » 905.835-2155

1100 W. Vester St. Port Colborne

**LENNOX**  
SLP98V

The most efficient and quietest furnace you can buy.

**V.A. HOFFMAN**  
905-834-3783

393 KILLALY ST. E. PORT COLBORNE



See where your love of cosmetics can take you.

Beautician  
Esthetician  
Industrial hygienist  
Skin care specialist  
Textile dye technician  
Manufacturing engineer  
Advertising manager  
Merchandiser  
Botanist  
Pharmacist  
Airbrush artist  
Web page designer  
Technical writer

Package designer  
Magazine editor  
Form layout designer  
Contracts officer  
Media relations director  
Director of photography  
Fashion photographer  
Horticulturist  
Accountant  
Commercial artist  
Purchasing agent  
Dermatologist  
Promotion specialist  
Chemical engineer  
Retail trade manager  
Makeup artist

Turn your passion into a career.

With a range of grants, scholarships and loans, starting college or university may be easier than you think.

ontario.ca/myfuture

Paid for by the Government of Ontario



WELCOME TO

**COMMISSO'S**  
**FRESH FOODS**

Your Fresh Experience is Here!



0181 Thornhill Drive West • Niagara Falls, ON • L2L 1A4  
T: 905-357-8800 • CommissosFreshFoods.com

**Real**

Tune in every Thursday Morning at 8:10 for Commissos's Fresh Ideas on 105.1 The River

*Start the year off right with our fresh healthy choices!*

**UPCOMING SEMINARS**

**Tuesday, January 25, 2011: Michael Zappitelli, BSc, RMT, Personal Trainer** - Understanding Stress and its Effect on the Body

**Tuesday, February 1, 2011: Jacinda Martin, Holistic Nutritionist** - The Sugar vs Sweetener Debate  
Seminars take place from 7:00pm - 8:30pm

Each seminar is just \$10 + HST and you will receive a \$10 Commissos's Gift Card at the Seminar!

Sale prices start Friday January 14 through Thursday January 20, 2011

CommissosFreshFoods.com

Fresh Air Chilled Ontario Poultry  
Family Pack  
Chicken Thighs  
or Drumsticks

**1.69**  
/lb 3.72<sup>1/2</sup>

Fresh Ontario Pork  
Bone In Pork Loin  
Combination Chops  
(2 chops, 2 tenderloin chops, 2 ribs, 2 chops)  
or Half Loin

**1.99**  
/lb

Family Pack  
NY Striploin  
or Prime Rib  
Grilling Steaks

**5.99**  
/lb 13.00<sup>1/2</sup>

**2.99**  
/lb 6.59<sup>1/2</sup>

Fat Free / No Salt Added  
Oven Roasted or Smoked  
Lilydale  
Turkey Breast or  
Tre Stelle Swiss Cheese

**2.49**  
/lb

**2.99**  
/lb 6.59<sup>1/2</sup>

**3.99**  
/500g

SAVE **1.00**  
Select Varieties  
JJ Wilk  
Pierogies

Selected Varieties  
Beatrice  
Sour Cream

**1.49**  
/500ml

**3.99**  
/500g

**9.99**  
/500g

SAVE **2.00**  
Select Varieties  
Nature's Path  
Organic Cereal

**2.99**  
/300-400g

SAVE **1.30**  
Select Varieties  
Dannon  
Activia Yogurt

**2.99**  
/650g

**3.99**  
/lb

**12.99**  
/500g

Product of Mexico  
No. 1 Grade  
Fresh  
Asparagus

**1.99**  
/4.39<sup>1/2</sup>

**2.99**  
/650g

**3.99**  
/lb

**12.99**  
/500g

SAVE **2.99**  
Organic  
SELECT LEMONS

Product of USA  
Honey  
Tangerines

**1.99**  
/2.18<sup>1/2</sup>

**2.99**  
/650g

**3.99**  
/lb

NEW STORE HOURS: SATURDAY & SUNDAY 8AM TO 8PM • MONDAY-FRIDAY 7AM TO 9PM

## THE Whisk & Ladle

*A Taste of Thailand:* Let Chef Ruth Nixon prepare and explain Thai cuisine for you while you relax and travel to The Whisk & Ladle's kitchen! **DEMO ONLY**

**Saturday January 29th 1pm-4pm \$50 per person**

*Vegetarian Pleasures:* Learn how to create a wonderful vegetarian meal that will satisfy and delight! **HANDS-ON**

**Saturday February 5th 1pm-4pm \$70 per person**

*Soups On!:* Learn the art of making delicious, soul-satisfying soups to ease the Winter blues! **DEMO ONLY**

**Saturday February 12th 1-4pm \$45 per person**

*A Taste of Thailand:* Demystify Thai cuisine in this hands-on class which covers all of the delicious basics! **HANDS-ON**

**Saturday Feb 26 1-4pm \$75 per person**

**Places filling up quickly! Call the store to book your space now!**

**thewhiskandladle.ca**

**CLOSED Mon. & Tues., Wed. thru Sat. 10 a.m. to 5 p.m., Sun. Noon to 4pm**

**306 CANBORO RD. LOCATED IN THE SHOPPES OF RIDGEVILLE 905-892-9262**

## Roof-Roof, Roof-Roof!

It's us at Personal Touch Home Improvements letting everyone know that we do ROOFING!

In fact, we do a LOT of Roofing. And we've been doing roofing for some 20 years now.

Residential and commercial roofing, and flat roofing for homes, businesses, cottages and barns.

And we are very well known in Niagara for doing other types of home improvements too. We do

windows, siding, specialty doors and troughs.

We are famous in Niagara for our seamless eaves trough. Contractors ask for our trough by name, and we make it right to size; on the job site.

Then there's our doors, patio doors, storm doors, skylights, trough covers, fascias & soffits, shutters, and decks.

We also do room renovations and home additions.

Free written estimates are always provided.

We are a proud member of the Better Business Bureau, and the Centik Premium Renovator Program. For the comfort of our clients, we are an approved registered home builder with Tarion.

We are fully insured, with work always guaranteed.

Job site clean up is standard with us as well.

Our Mission Statement concludes it well...

We pledge to provide Excellent Value, Courteous & Knowledgeable Service, and an Unparalleled Commitment to Customer Satisfaction.

Now you know! Personal Touch Home Improvements does roofing... and so much more.

Call 905-892-6177 or visit [www.personaltouch-homeimprovements.ca](http://www.personaltouch-homeimprovements.ca).

■ **NEW YEAR:** MPP travelling the province as opposition leader

## Hudak heads toward Oct. 6 election

**WAYNE CAMPBELL**  
PelhamNEWS Staff

Tim Hudak is looking at a busy 2011.

The MPP for Niagara West-Glanbrook and leader of the Ontario Progressive Conservative party has his eyes on Thursday, Oct. 6, the day of the provincial election.

But for the moment, he is making one promise that directly affects his home riding.

If the Conservatives form the next provincial government, they will revive planning for a mid-peninsula transportation corridor.

Under the current Liberal government, he said the highway plan has faded.

Hudak said the highway corridor would boost local business and industry, improve international links with the United States and central Ontario, and attract people to live in south Niagara.

Depending on the final route, a transportation corridor would cut through Pelham or skirt its southern edge through West Lincoln and Wainfleet.

Meanwhile, Hudak is taking aim at Liberal Premier Dalton McGuinty for increased taxes and fees that are draining the pockets of hard working Ontario



**BOB TYMCZYSZYN** (MPP) Agency  
Progressive  
Conservative Leader and Niagara  
West-Glanbrook MPP Tim Hudak

families. Steady targets are the new Harmonized Sales Tax, gas charges and hydro rates.

The Opposition leader, however, is not ready to layout in detail the Progressive Conservative alternative. Plans for the platform are still being assembled to nailed in place.

Hudak, in a telephone interview from Hanover, said he is traveling the province talking to people about their concerns.

He said he is delighted more than 6,000 have visited the PCs website [www.haveyoussayon.net](http://www.haveyoussayon.net).

tario.ca to make suggestions.

Hudak sent a copy of a survey on the website to his constituents before Christmas.

About 1,500 responses have come," he said.

"These will be used to help form our platform which will focus on the family and small business," he said.

The opposition leader said his party has 40 candidates nominated for the 107 seat legislature. Currently the PCs have 26 seats while the Liberals have 71 and the NDP 10.

Hudak said if the PCs form the government, they expect to face difficult decisions to prioritize spending. It will involve taking a look at bureaucracies such as Local Health Integration Networks.

"We want to focus on frontline services and reduce spending on middle line bureaucracies," he said.

Last weekend, Hudak hosted two New Year's levees, a long-time tradition for the MPP, at the Canadian Warplane Museum Mount Hope and Peninsula Ridge Winery in Beamsville. Each drew large crowds of friends and supporters.

[wcampbell@wlandtrithrune.ca](mailto:wcampbell@wlandtrithrune.ca)

DID YOU KNOW? *Shop Pelham!*

**DID YOU KNOW...?**

**that Personal Touch Home Improvements does commercial and residential roofing?**

For more information on this and other local businesses, visit:

**You Tube** **f**  
[mypeham.com](http://mypeham.com)

**pba** Pelham Business ASSOCIATION

Pelham I think Local is a Project of the Pelham Business Association. Our members work together to support and inspire a thriving sustainable Pelham community.

**Our New Addition is Complete! Visit Us Today, to Reserve your place**

**Retire in Fonthill with the best.**

- Located in beautiful downtown Fonthill where you can find everything including pharmacies, healthcare professionals, golf courses, restaurants, bakeries, library, parks, beer store/LCBO and much more.
- Residents enjoy delicious home-cooked meals for breakfast, lunch and dinner in an elegant dining room.
- A Caring Registered Nursing staff provides all levels of Senior Care
- A Fun and interactive Recreation program with a recreation director on board
- Health promotion through an individualized physiotherapy program
- All-inclusive studio, one and two-bedroom suites
- Games Room, Exercise Room, Gardens and Craft rooms
- Family Owned and operated
- Beauty Salon on premises

**1532 Pelham St. N. Fonthill • (905) 892-5094**  
[www.shorthillsvilla.ca](http://www.shorthillsvilla.ca)

**SHORT HILLS VILLA**  
RETIRED LIVES

# CANADIAN TIRE WELLAND now offers major appliances by **Inglis**



•Participating locations only

**Inglis**  
HOME APPLIANCES

Proudly  
Canadian  
since 1859

For days like today™

## JANUARY MONTH-LONG SPECIALS!



save  
**\$100**  
**549<sup>99</sup>**

**Ceran cooktop  
manual-clean range**  
4.8 cu-ft oven capacity.  
Extra-large viewing window.  
Model: NP8230.  
43-1161-2. Reg 649.99  
Save **150.00** Ceran cooktop  
self-cleaning range 4.9 cu-ft  
oven capacity. Model: NP8580.  
43-1182-0. Reg 749.99...599.99



save  
**\$50**  
**499<sup>99</sup>**

**18 cu-ft capacity  
refrigerator**  
Full-width slide-out, spill-proof glass  
shelves. Clear crispers, up-front  
temperature controls. Contoured  
door. Model: 18RX6FXQ. 43-1856-6.  
Reg 549.99.

save  
**\$50**  
**249<sup>99</sup>**

**Over-the-range microwave**  
1.6 cu-ft capacity, 1000W. 10 power levels. Scrolling word prompt  
display. Turntable.  
Model: VAMV1160VAV. 43-1803-0.  
Reg 299.99.



save  
**\$100**  
**599<sup>99</sup>**

**Front-load washer**  
4.0 cu-ft capacity, 1100 rpm, 6 wash cycles,  
stainless-steel tub.  
Model: IFW7300WW. 43-1181-6. Reg 699.99

**Inglis**  
HOME APPLIANCES

Proudly Canadian  
since 1859

save  
**\$100**  
**499<sup>99</sup>**

**Front-load dryer**  
6.7 cu-ft capacity, 4 temperature options,  
Drum Right. Model: YIELD7300WW. 43-1152-4.  
Reg 599.99

**Pedestal, 15.5" (39.6cm). Model: XHP1500VV.**  
43-1804-0 **199.99**  
Models shown with optional  
18" (38.1cm) pedestal.  
Sold separately



save  
**\$50**  
**349<sup>99</sup>**

**Tall tub  
dishwasher**  
Energy Star® qualified. 5  
wash levels, 3 cycles, in-the-  
rack silverware basket.  
Model: NW9000. 43-1859-0.  
Reg 399.99.



See in-store for full selection

Easy as ①-②-③

- ① Select your appliance in-store
- ② Choose your delivery date
- ③ Enjoy hassle-free delivery to your door

\$49.95 delivery charge applies per order. See in-store for more details.

**NO PAYMENTS/NO INTEREST/NO FEE  
FOR 12 MONTHS\***

on major appliance purchases  
of \$200 or more.

Cardmembers only. Apply in store.  
\*See below for details.

### DEPENDABILITY PLUS<sup>SM</sup> PROGRAM

Reliability, hassle-free! Imagine no repair bills. And no worries that something will go wrong with one of your biggest investments. The Dependability Plus service plan will keep your home's major appliances working reliably.

**EXTENDED WARRANTY:**  
Extends the existing 1 Year Manufacturer's Warranty by an additional 24 months! This will give you 3 YEARS of worry-free Parts and Labour coverage. See in-store for complete details.

\*DEPENDABILITY PLUS is a registered service mark of Whirlpool Canada L.P.  
\*\* Inglis is a registered trademark of Whirlpool Canada L.P.

**158 PRIMEWAY DRIVE, WELLAND 905-732-7501**

**HOURS MONDAY TO FRIDAY: 8AM TO 9PM SATURDAY: 8AM TO 9PM SUNDAY: 9AM TO 5PM**

Advertiser's special in effect January 2 to 31, 2011. Product and service availability, pricing and selection may vary by store. Some outlets are approximate. Regular prices shown are the prices at which the products have been sold by Canadian Tire as of December 3, 2010. Individual stores may sell for less. Market conditions may cause prices to change without notice. We reserve the right to limit quantities, to correct typographical, illustrative or pricing errors and unless otherwise indicated, to offer rebates or substitute equivalent products where advertised products are unavailable.

# sports

## ■ PEEWEE HOCKEY: A Silverstick tradition continues



Supplied Photo

The PeeWee AE Pelham Panthers Shoppers Drug Mart Rep Hockey team invited the Alabama Pelham Panthers for a friendly game of hockey during the annual Silverstick Tournament in Niagara. On Saturday Jan. 8, the two teams combined players to have a friendly game of hockey.

## Fonthill Pelham Panthers vs Alabama Pelham Panthers

For PelhamNEWS

The PeeWee AE Pelham Panthers "Shoppers Drug Mart" Rep Hockey team invited the Alabama Pelham Panthers for a friendly game of hockey during the annual International Silverstick Tournament in Niagara.

On Saturday, the two teams combined players to have a friendly game of hockey. The

players then had a friendly shoot-out at the end of the game which was very entertaining for all.

After the game both teams headed to Marlene Stewart Street Park for some tobogganing time. Some of the Alabama players had never gone sledding before, this was a real treat.

The tobogganing was good for the boys so that they could

relieve some stress from the tournament. Tim Hortons was generous enough to donate hot chocolate to the frosty players and parents, a huge thank-you.

During tournament play the Fonthill Pelham Panthers lost in quarter-finals in a shoot-out against Essex 2-1. Alabama Pelham Panthers won the Silverstick on Sunday morning in overtime against Ancaster, 2-1.

## ■ HOCKEY: Thorold tournament

## Tyke team wins gold in tourney

For PelhamNEWS

A Pelham Tyke Hockey Team ranging in all cultures and ages from 4-5 played in a Christmas Thorold Hockey Tournament and WON the tournament.

They played Tyke teams from Thorold, Lincoln and Jordan.

Pelham's first game of the tournament was against Thorold Black and Pelham won 8-0.

Lucas Gaudet got a hat-trick, Jenna Mengi (1), Payton Veld (1), Adam Repar (1), Abigail Thibodeau (1) and Wyatt Gibson (1). Assists were from Jayna Parent (1), Shane Keagan (3), Edward Littleton (3), Matteo Abruzzo (1), Blaine Zanitting (1), Gordie Arbour (1) and Payton Veld (1) and William Balzarusinas received the shut-out.

Pelham's second game was against Lincoln and it was a battle of the goalies. Pelham won 7-4. Liam Gaudet was on fire getting the team 5 goals along with Jenna Mengi and Abigail Thibodeau receiving assists. Jessica Zanitting, Payton Veld and Blaine Zanitting got the assists for the team.

Pelham's third game of Round Robin play was against Thorold Red and Pelham won 8-2.

Goals were scored by Liam Gaudet (2), Adam Repar (2), Carson Crysler (2), Jenna Mengi (2), Jayna Parent (1), and Payton Veld (1). Assists were from Gordon Arbour (2), Liam Gaudet (1), Shane Keagan



Supplied Photo

The Pelham Tyke Hockey Team.

(1), Jason Sivrigula (1), Wyatt Gibson (1), Jessica Zanitting (1), Abigail Thibodeau (1), and Payton Veld (1). Pelham's Semi-Final game was against Jordan and Pelham did not hold back. The passing for Tyke's was really improving. The learning of off-sides was really apparent. Pelham won 10-3. Liam Gaudet got 4 goals, Jenna Mengi (2), Carson Crysler (2), Adam Repar (1), and Payton Veld (1).

Assists were from Shane Keagan (2), Jayna Parent (1), Wyatt Gibson (2), Jenna Mengi (1), Jessica Zanitting (2), Abigail Thibodeau (1), Jason Sivrigula (1), Gordie Arbour (1), Edward Littleton (1), Blaine Zanitting (1) and Adam Repar (1).

The Gold Medal game was against Lincoln again. Pelham

won 6-3.

Pelham started off the scoring by Payton Veld on a coast to coast rush which was unassisted. Lincoln tied it and Pelham went ahead before the end of the first period by Liam Gaudet unassisted. Pelham scored first again in the second period by Jayna Parent by getting a rebound from Liam Gaudet's shot. Lincoln kept it close but Adam Repar snuck one in assisted by Jenna Mengi and Payton Veld.

Pelham scored again by Liam Gaudet assisted by Wyatt Gibson and Jayna Parent. Pelham's final goal was by Liam Gaudet to finish off with the hat-trick. William Balzarusinas was steller in net all tournament. Congratulations to all members of the team with this great accomplishment.

<b>2006 CHEVY SILVERADO DIESEL</b>  2006 HD Crew Cab, Long Box, 4x4, auto, tow pkg. Ready for hard use. <b>\$29,995</b> <small>tax lic ins</small>	<b>2006 SUPER DUTY FORD F-250</b>  Diesel, Crew Cab, 4x4, short box, FX4 pkg, tow pkg, radio, Bluetooth. <b>\$27,995</b> <small>tax lic ins</small>	<b>2005 DODGE RAM 2500</b>  Diesel, Crew Cab, Short Box 4x4, 9.3L pkg, auto, tow pkg. <b>\$25,995</b> <small>tax lic ins</small>	<b>2005 GMC SIERRA 2500</b>  HD, Diesel, Crew cab, long box, 4x4, tow pkg, 9.3L, 4x4, 9.3L pkg, tow pkg, 9.3L truck in stock! <b>\$24,995</b> <small>tax lic ins</small>	<b>2006 SUPER DUTY FORD F-250</b>  Diesel Cab, long box, 4x4, 4.6L, auto, 9.3L pkg, tow pkg, 9.3L truck in stock! <b>\$18,995</b> <small>tax lic ins</small>	<b>2005 GMC SIERRA 2500</b>  HD, 4x4, long box 4.6L, 4.6L, auto, 9.3L pkg, tow pkg, 9.3L truck in stock! <b>\$17,995</b> <small>tax lic ins</small>
--	---	--	--	--	---

**NIAGARA AUTO SALES**  
**TRUCK SPECIALISTS**  
 Niagara's Used Truck Sales Center  
 1031 Niagara Street • Welland Ontario • 905-735-6023 • niagaraautosales.ca  
 85 trucks in stock. Purchase for as low as \$10000



## ■ BASKETBALL: Roll past Welland



Supplied Photo

Giant Tiger U10 Pelham girls were back in action this weekend posting their first victory of the season.

## First win for U10 girls

For Pelham News

The Giant Tiger U10 Pelham girls were back in action this weekend posting their first victory of the season. Despite a long lay off and being short handed, the girls played a very strong team oriented game beating the Welland Warriors 27-3. Every player was a key contributor in the win.

Tess "The Blur" Puchalski and "Leithal" Lestia Polinas dominated defensively. Both players used their speed and determination to create steals.

Tess "The Terror" Capra played a very aggressive game causing jump balls and playing tight defensive basketball. Abbey "Magic" McCulligh played a very strong defensive game staying on her

check throughout.

Elizabeth "Clutch" Scozzafava was tough on the boards. Her hard work was rewarded with 2 well earned baskets. Jordyn "Boardz" Britton used her speed to make some key defensive stops.

"Sensational" Sydney Grummett was relentless on defence frustrating her check on every possession. Ally "The Answer" Sentance and Kaley "The Dream" DeMont played strong on both ends of the floor.

The Pelham Girls should be very proud of their first win. All of their hard work and determination is starting to show results.

Special thanks to our sponsors: Fonthill Giant Tiger, MHC Mortgage Services Inc. and Fenwick Firefighters Association.

## ■ CONSERVATION AUTHORITY: Child's Play exhibit at Balls Falls

# Exploring the world of toys

For Pelham News

JORDAN — Child's Play, a travelling exhibit from Haldimand Museum, explores the world of toys.

Play things have been a part of a child's experience since prehistoric time, helping to develop dexterity, impart knowledge and skills for survival as well as to pass

the time.

Between 1850 and 1950, the toy industry was revolutionized and homemade playthings evolved into big business with mass production and marketing.

Toys continued to reflect the social history of the period in which they were made and were only as successful as the play they

inspired.

Imagine your own childhood in this exhibit of toys from the 19th and 20th centuries.

This exhibit, which runs from Feb. 12-April 25, features areas for toy making and crafts, reproduction toys and games to play and a memory station to share your own toy stories.

A scavenger hunt and additional activities during Family Day, March Break and Easter will be offered.

The Centre for Conservation is at the Ball's Falls Conservation Area, 3292 Sixth Ave. Jordan, and is open daily from 9 a.m. to 4 p.m. Admission is \$5.75 for adults and \$4.25 for Children/Seniors.



## Visit your Local Merchants



### BREW ON PREMISE

#### BREW & WINE SUPPLIES Ron Kazub, BREW MASTER

- 120 styles of Wine available at all times
- We provide expert advice on the best choices of wine to make
- Carbonated wines for that special occasion
- We cater to the do-it-yourselfer with kits, advice & equipment

Let us help you Celebrate Your Wedding or Anniversary in Style

### FREE BOTTLES WITH YOUR FIRST BATCH

Phone:

**(905) 892-3133**

**Toll Free: 1-888-768-9463**

Visit us at 191 Highway 20 East in Fonthill (at Rice Road)

## IT'S THAT TIME OF YEAR

### WANTED Exhibitors

16th Annual

**PELHAM HOME & LEISURE SHOW**



April 15th,  
16th and 17th,  
2011

PRESENTED BY THE FONTHILL & DISTRICT HUSBANDS

BEST PRICED HOME SHOW IN GOLDEN HORSHOE

**HURRY! GOOD BOOTHS GOING FAST**

**APRIL 15th, 16th, 17th, 2011  
PELHAM ARENA**

Call Brian Steven 905-892-6372  
or email: fonthillkismen@hotmail.com

### BUY A FURNACE & AIR CONDITIONING AND SAVE!!

Call for Details

Warm up your home for winter with a new high energy efficient heating unit.

**We service All makes & models**

• Furnaces • Air Conditioning



**BOB REID**  
Heating & Air Conditioning  
Residential • Commercial  
**905-892-7787**

FAMILY OWNED AND OPERATED

■ AUTONET: 2011 Kia Optima hybrid

## Unique Kia Optima jumps into hybrid segment

JOE DUARTE  
QMI Agency

The all-new 2011 Kia Optima midsize sedan lineup jumps into the market with three models, including Kia's first ever hybrid.

Besides competing with more established players (thanks to a parallel hybrid system), the new Optima Hybrid gets some unique features – a lithium polymer battery and the ability to drive in electric mode up to highway speeds.

The benefits of the lithium polymer battery are realized mostly in weight and size, with the 30 kW battery pack weighing just 43.5 kg (about

96 lbs.), or about 12.7 kg or 28 lbs. less than the nickel metal hydride battery pack in the Toyota Camry. That allowed Kia engineers to not take up as much of the car's cargo space (though it still loses a split folding rear seat).

The Optima's electric motor is also separated from the transmission, which allows Kia to use existing components (such as the six-speed automatic) rather than developing new, unique purpose ones. That should translate into better cost efficiencies, but will also allow the flexibility of adding more powerful motors for improved electric usage down the road.

Electric assist for the steer-

ing insures turning assist is available during electric mode driving (most systems are hydraulically powered off the engine so when the engine is shut down, there wouldn't be any assist available). The air conditioning is also electrically driven so it works when the engine isn't running and it also takes the load off the engine, resulting in an economy improvement.

The 2.4 litre engine has been modified to run on an Atkinson cycle, improving compression by 20% and reducing fuel usage by 10%. The resultant loss in torque is more than made up for by the electric motor.

Physical changes on the

Optima hybrid include a lowered ride height, new grille and headlamps, unique 16-inch wheels, bumper and side sill changes, taillamp design and a rear spoiler. Underbody aero tuning, lower drag wheels and low rolling resistance tires, and an active air flap system all contribute to a reduced coefficient of drag (just 0.26), which contributes to improved economy.

The Hybrid is derived from the Optima LX trim level with automatic transmission. An extensive list of standard features includes power driver's seat, dual zone climate control, keyless entry and push button start, leather wrapped



Kia Photo

The Kia Optima Hybrid sedan.

steering wheel and shift knob, and the now expected added noise to alert pedestrians to its approach when it's travelling in electric mode.

A Premium Technology Package adds a panoramic sunroof, unique 17-inch alloy wheels, power front pas-

senger's seat, driver's seat memory, heated and cooled front seats, heated rear seats and steering wheel, LED headlamps with automatic levelling, a navigation system with back-up camera and SIRIUS Traffic, and a premium sound system.

# HERE'S our CARD

Having Electrical Problems?  
Get reliable professional service  
at a reasonable price

No Job Is Too Small!

- Commercial • Industrial/Residential
- Service panel upgrades • New wiring-rewiring
- Energy Efficient upgrades • Troubleshooting & Repairs

**ACB Electrical**

Also: Master Electrician: J. Bower/905.964.7031/30

**905-892-4988**  
www.acbelectrical.com



Income Tax Preparation (T1 & T2)  
Past Due Returns (HST, T1, T2)  
CRA Audits, Account Issues  
Compliant Business Record Creation  
QuickBooks set up & training.

**905-892-7797**

[jfinf@acbelectrical.com](mailto:jfinf@acbelectrical.com)

[www.niseraaccountingincomeatfiling.com](http://www.niseraaccountingincomeatfiling.com)

**J&S**

• AUTO • TRUCK • INDUSTRIAL REPAIRS



JEFF PIETZ

Telephone  
905-892-4271

278 Canboro Road West  
Ridgville, Ont. L0S 1M0

**Pelham NEWS**

TO ADVERTISE

HERE CALL KIM

**905.732.2414 ex. 458**



**Caltron Concrete  
Restoration Limited**

- Water Stoppage Inside or Outside Repair
- Parging
- Concrete Repair & New Concrete

5933 Swayze Dr. Phone: **905-374-9087**  
Nigeria Falls, Ontario Cell: **905-328-1463**



"Experts in Concrete Problems"  
See Our Ad in the Yellow Pages

**Pelham NEWS**

TO ADVERTISE

HERE CALL KIM

**905.732.2414 ex. 458**

## classifiedextra.ca

Canada's largest and most trusted print and online classifieds network



## Place it on classifiedextra.ca

Phone: 1-866-541-6757

Fax: 1-866-485-8461

Online: pelhamnews.classifiedextra.ca

Email: placeit@classifiedextra.ca

**Merchandise**

**Pets Agriculture**

**Transportation**

**RECREATIONAL VEHICLES**

**Real Estate**

**Rentals**

**Apartments Unfurnished A610**

142 BORN Apt. Avail. Inland. Welland. Clean & Renov. Near Plaza's on East Side. From \$550 a hydro. 289-6200-7859.

Does this space look just right for your ad?

classifiedextra.ca

Call at 1-866-541-6757 and make it a reality!

1 & 2 born apt. all bills paid. Avail. Inland. Call 905-734-1946 or 905-714-5440.

**Apartments Unfurnished A610**

**Must See**

1 & 2 BORN apt. 1/2 Colborne, quiet, nature building, w/ balcony. Starting at \$600/mth + hydro. (905)837-0468

1 BORN. Colby, 1/2 Colborne, nature bldg. \$550 hydro. Inland. Ltry. net. 905-346-7335.

1 PLACE TO LOOK w/ panoramic properties. Your search is over Port Colborne 1, 2 & 3 BORN Starting at \$750/mth incl. Quiet, centrally located building with large open units & laundry facility on site. Close to downtown & shopping. 905-821-7967 or view.

**RECRUITMENT**

1 BORN. Colby, 1/2 Colborne, nature bldg. \$550 hydro. Inland. Ltry. net. 905-346-7335.

1 PLACE TO LOOK w/ panoramic properties. Your search is over Port Colborne 1, 2 & 3 BORN Starting at \$750/mth incl. Quiet, centrally located building with large open units & laundry facility on site. Close to downtown & shopping. 905-821-7967 or view.

**Apartments Unfurnished A610**

142 BORN Apt. Avail. Inland. Welland. Clean & Renov. Near Plaza's on East Side. From \$550 a hydro. 289-6200-7859.

Does this space look just right for your ad?

classifiedextra.ca

Call at 1-866-541-6757 and make it a reality!

1 & 2 born apt. all bills paid. Avail. Inland. Call 905-734-1946 or 905-714-5440.

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Apartments Unfurnished A610**

2 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Commercial/Office Space A620**

1 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Commercial/Office Space A620**

1 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

**Commercial/Office Space A620**

1 BORN Apt. building, 20 Ml. (St. Welland) Avail. Feb 1st. 905-361-9846 or 905-738-9141

**Unique**

1 BORN Apt. Avail. Mar 1st. \$1405 all inclusive. Lovely suites in nature building. Special amenities, laundry facilities & gym room. 905-714-8288

**OPEN HOUSE**

Invites them, Classified Extra 1-866-541-6757

## Place it! Sell it!

classifiedextra.ca delivers a powerful combination of newspaper and online advertising which is the preferred choice of Canadian consumers for delivering fast and effective results!



Pulling all strings!

Canada's largest print and online classifieds network

classifiedextra.ca

canoe.ca YAHOO! CANADA

Kitchener-Waterloo

By phone: 1-866-541-6757

Online: placeit.classifiedextra.ca

**Houses A650**

Port Colborne. Weekside. Unfurnished 2 bdrm., 1 bath. Bungalow, 1000 sq.ft. Standard gas heating. Window AC units. Stove, Refrigerator, Washer, and dryer included. fenced yard. No pets. Non-smoker. Available now. \$225.00 plus utilities. Call: (905) 635-1171, daytime. E-mail: casper.01@icloud.com

Place it! 1-866-541-6757

**SMALL HORSE FARM**  
\$750/month. Feb 1st. Core & Wainford. 905-531-6424.

**TOWNHOUSE COMPLEX**

3 BDRM with appliances. \$750 + utility, 1st/2nd floor 9 pm

**Rooms A650**

**LAUNDRY**, cable, internet, non smokers. 1st/2nd floor. (905) 768-3215 or 714-1686



**Vacation Travel**

**General Employment A600****CAR WASH & DETAIL SHOP**

ATTENDANT  
FT or PT  
Dress & License  
Preferred. Detailing experience in used. Apply with Resume at: King St. Cw Wash. 670 King St. Wainford.

**Care Providers A810****FRENCH HOME DAY CARE**

has 2 open-ings. Please call. Open-ings at 905-714-1577 for more details

**Drivers A830**

**International Transport Carrier**  
Stoney Creek based company

**IS SEEKING**

**AZ Company Drivers**  
Min 3 years cross border experience for refrigerated freight. Paid weekly. Call Lori @ (905) 643-4401 ext 28 Fax: (905) 643-6400 lorli@1et1.com

**EDUCATION****Person to Person A656**

**ALCOHOLICS ANONYMOUS**: If you want to drink and quit your business. If you want to quit, there's for business 905-682-2140

**Notices****Legal Notices A600****NOTICE TO CREDITORS AND OTHERS**

Claims against the Estate of Mildred Stevens, late of Niagara Falls, in the Province of Ontario, who died on the 28th day of June, 2008 must be in our hands by January 31, 2011, after which date the assets of the Estate will be distributed.

Elleen Baccarella, Estate Trustee, by her solicitors  
McCarthy Tétrault LLP  
Suite 530A, TD Centre  
Toronto, Ontario M5K 1B0  
Attention: Hilary E. Ladlow

**classifiedextra.ca**

Let it work for you! 1-866-541-6757

**NOTICE TO CREDITORS AND OTHERS**

**IN THE ESTATE OF MYRTLE WINNIFRED SCOUT**  
deceased.

ALL claims against the Estate of Myrtle Winnifred Scout, of the City of Wainford, in the Regional Municipality of Niagara, who died on September 21, 2010, must be filed with the undersigned on or before February 14, 2011, after which date the Estate will be distributed with regard only to claims then received.

DATED, at Niagara Falls, ON this 11th day of January, 2011.

**SHARPE, BERRISH & GYNS**  
Barristers and Solicitors  
4673 Ontario Avenue  
Niagara Falls, ON  
L2E 3R1

Calvin Wm. Berrish  
Solicitor for the Estate

**Notices A910**

**CHECK IT OUT**  
Wainford Optimist Club  
Dec 2010 raffle winners  
Kathryn Calvert  
- Ticket #0334 - \$1000.  
- Ticket #1265 - \$250.

- Ticket #1265 - \$250.

- Ticket #1265 - \$250.

- Ticket #1265 - \$250.

- Ticket #1265 - \$250.

- Ticket #1265 - \$250.

- Ticket #1265 - \$250.

- Ticket #1265 - \$250.

- Ticket #1265 - \$250.

- Ticket #1265 - \$250.

**Personals****Garage Sales****Home Improvement****Drywall/Plaster S180**

**JOHN'S TAPING & Drywall**. Secondary, renovations & home repairs. 905-434-8884

**YOU**

Got Something to Sell? Let our Classifieds help you. 1-866-541-6757

Classified Extra 2  
7am-7pm  
Monday-Friday  
& Sunday  
8am-3pm  
Get the Classifieds WORKING FOR YOU

**WHERE ELSE?**  
Get those items SOLD With Classified Extra!

**Renovations S280**

**MAGY CONSTRUCTION**  
35 years experience. We do it all! Call Bob (905) 714-0228  
Financing Available

**Repairs/Handyman S290**

**PAR CONSTRUCTION**  
Custom built homes and renovations. Established in 1981. Call: (905) 658-8046 or Fax: (905) 658-8046

**Scrap Metal S315**

**Scrap Metal S315**

**Scrap Metal S315**

**Scrap Metal S315**

**Scrap Metal S315**

**Scrap Metal S315**

**Scrap Metal S315**

**Scrap Metal S315**

**Scrap Metal S315**

**Scrap Metal S315**

**Scrap Metal S315**

**Scrap Metal S315**

**Scrap Metal S315**

**Scrap Metal S315**

**Scrap Metal S315**

**Scrap Metal S315**

**Scrap Metal S315**

# 1-866-541-6757

milestones@yourlifemoments.ca

## LIBRARY EVENTS

## FOOT CARE CLINIC

Qualified Nail Technician, Tisha, will be at the FortHill Branch, doing foot care and answering questions about foot care issues including diabetic foot care needs. \$20. Please schedule your appointment ahead with Tisha at 905-932-0943. Tuesdays between 9:30 and 5:30.

## NIAGARA BIRDS BOOK SALE AND SIGNING

## AROUND TOWN

## SATURDAY JAN. 15

**FONTHILL LIONS FASHION**  
Dinner at Fonthill Lions Hall, 2028 Fonthill, 10 p.m. to 7 p.m. adults \$10 children under 12 \$6. Cash bar available.

**'50s SOCK HOP** featuring live music with Marty Allen and his band at 7 p.m. at Smithville Community Centre, 688 Smithville Rd., in Smithville. Come as you are or come in 50s attire and win a prize for best dressed. Entertainment, snacks, refreshments and door prizes at just for \$25 (\$30 at the door). For tickets call the school at 905-957-3255 or Kathy Elmers at 905-952-5039 or aelmers@

The Buffalo Evening News predicts that Niagara Birds will win international awards for both its artwork and the quality of its exposition." Editors John Black and Kayo Roy, bring a spectacular slide show of many of this volume's stunning photos. Book proceeds support Brock Science students. Tues., Jan. 18 at 7:30 p.m. \$2.50. Please register ahead.

## ZUMBA GOLD

Have fun moving to the Latin beat while also learning some of the folk steps such as: Salsa, Merengue, Cha-Cha, etc. \$30 per 6-week session. Register ahead. Due to demand, new session added. Begins Thursday, Jan. 20, 9:30 a.m. — 10:30 a.m.

## PLAY FOR LITERACY

Who doesn't love to play

of the Friends of Short Hills Park along with members from The Trail Blazers Explorers of Southern Ontario, will hike the Swayze Trail (No. 1) in the Short Hills Park at 12 noon, weathering permitting. Meet at the Pelham Road entrance. For more information contact Anne Kubu at 905-685-4965.

## WEDNESDAY, JAN. 19

**MOONLIGHT WALK**  
The Friends of Short Hills Park will hold their annual Moonlight Walk. This is a members only event. Meet at the St. John's Outdoor Education Centre at 7 p.m. Dress warmly and bring a flashlight. For more information contact Anne

games? Don't miss this fun family-centered activity! Engaging in play-centered activities is a great way to improve your literacy skills along with your children. Please wear your pajamas... for pizza, popcorn and play... featuring jumbo scrabble, parachute letters, & the family treasure hunt. Space is Limited so register early in person. An adult must attend. Jan. 21 at 6:00 p.m. \$5/family.

Kubu at 905-685-4965.

## THURSDAY, JAN. 18

**EASTDALE ALUMNI 50th**  
Reunion meeting will be held at 7 p.m. in the Eastdale Secondary School library.

## MONDAY, JAN. 24

**PELHAM HORTICULTURAL SOCIETY** at Pelham Library, 1000 Pelham Road East, 7:30 - 9:30 p.m. Enjoy a presentation by Dr. Kevin Hohn, Summit Chiropractic, Fonthill. His topic: "Take without the Ache"; it's never too soon or too late to get out on taking the pain out of gardening. Refreshments. New



**Richard Brown**  
BALDWIN REPRESENTATIVE

members and guests welcome.

## ONGOING

**ST. ALEXANDER PASTA**  
NIGHT first Thursday of every month at St. Alexander Church, Town Square, Fonthill. Admission: \$9 for adults, \$4 for children age four to 12 and children under three free. All you can eat and white sauce penne, meatballs, sausage, garlic bread, salads and more. Catered by Antipasto's.

## A CAPPELLA NIAGARA

Men's Barbershop Chorus invites singers for fun, fellowship and fabulous four-part harmony every Tuesday at 7:30 p.m. at St. John

## ROYAL LEGAGE

Niagara Royal Estate Sales and Brokerage

Office: 905-274-6546  
Cell: 905-651-5143

rlbrown@royallepage.ca  
www.royallepage.ca

637 Niagara St., Unit #2  
Welland, Ontario

"Selling Throughout Niagara"

Amulance, 5734 Glenholme Ave. at High St. in Niagara Falls. For info call Bob, 892-2336.

## ART CLASSES WITH

**BEVERLY SNEATH** for adults watercolour and acrylic painting weekly, March Break drawing and painting classes for ages 10 and up call 905-892-5868 bvsneath@yahoo.ca or bvsneath@artclasses.com

*Beverly Sneath is a coming events service for non-profit groups in Pelham. Please make submissions by e-mail to pelhamnews@wellandbulletin.com or by fax to 905-532-3660.*

## Notices

A910

# Network Classifieds: Advertising Across Ontario or Across the Country!

For more information contact  
Your local newspaper

**LEGAL SERVICES**  
CRIMINAL RECORD? Guaranteed Record Removal since 1989. Confidential. Fast. Affordable. Call a 1-888-999-9999. FREE INFORMATION? TRAVEL & FREEDOM. Call 1-888-999-9999. FREE INFORMATION BOOK? Call 1-888-999-9999. 1-866-477-7393. [www.PartnersInCanada.com](http://www.PartnersInCanada.com)

**PERSONALS**  
ARE YOU STILL SINGLE? Time for a New Year's Resolutions. Call WISSTY REINTRODUCTIONS & discover the secrets you've been keeping to yourself. Quality, private, individual service. No computer required. Call 1-877-743-082, 705-734-1382. [www.wissty.com](http://www.wissty.com)

**A CRIMINAL RECORD? Not a problem with FREE Partner & Family Advancement On Social Assistance. We Can Help!** SCAP Advancement Agency. Better Business Bureau Certified. Partner/Member: Toll-Free 1-866-587-6242. [www.partnergated.com](http://www.partnergated.com)

**CONNECT WITH YOUR FUTURE!** Learn from the past, master the present and call a Top Producer from 15, 10 minutes. 1-477-414-1014 (1-814) 1-800-390-3903. Answers to all your questions!

**EXTINGUISH FIRE.** Low-temperature foam, multi-functional, FREE CALLS. 1-877-267-3893. Exchange value, insurance value, makeovers. 1-800-548-2164. Live and local. 1-800-548-2164. 1-800-548-2164. Meet on call sites. Just single ladies. 1-877-443-1351 (1-814)

**HANTED**  
BRIANNE WANTED FOR FEBRUARY 12th ACTION! When, Showtime, Hangover. As Estate Specialist, I manage what's registered in your name. Call me. Sandra J. Jackson. Toll-Free 1-800-484-2608. [www.actionconnection.com](http://www.actionconnection.com) or [www.actionconnection.com](http://www.actionconnection.com)

**BUSINESS SERVICES**  
LOOKING FOR NEW BUSINESS and added revenue? Promote your company on Canada's largest and most successful right here in news. Classified Ads or a business card sent out in hundreds of well-read magazines. Let us show you how. Ask about our referral program. Contact: National Newspapers Association. Contact person at 905-639-5711 or 1-877-430-3877. 905-639-5711. [www.cna.ca](http://www.cna.ca)

**CAREER TRAINING**  
MEDICAL TRANSCRIPTION is in high demand for all home jobs. Train from home with the only approved school in Canada. Contact: CarSci-Write! 1-800-466-1536. [www.carsciwrite.com](http://www.carsciwrite.com)

**COACHING EVENTS**  
FREE COUPONS! Attending Events offers savings on Ontario local attractions! Call 1-800-043-0430 to receive your Passport fills with coupons or download them from [www.attractionstickets.com](http://www.attractionstickets.com).

**REAL ESTATE**  
BUILDING SALE. "STOCK BUILDING PRICES" 2503 3040 3048 3050 3052 3053 3054 3055 3056 3057 3058 3059 3060 3061 3062 3063 3064 3065 3066 3067 3068 3069 3070 3071 3072 3073 3074 3075 3076 3077 3078 3079 3080 3081 3082 3083 3084 3085 3086 3087 3088 3089 3090 3091 3092 3093 3094 3095 3096 3097 3098 3099 3100 3101 3102 3103 3104 3105 3106 3107 3108 3109 3110 3111 3112 3113 3114 3115 3116 3117 3118 3119 3120 3121 3122 3123 3124 3125 3126 3127 3128 3129 3130 3131 3132 3133 3134 3135 3136 3137 3138 3139 3140 3141 3142 3143 3144 3145 3146 3147 3148 3149 3150 3151 3152 3153 3154 3155 3156 3157 3158 3159 3160 3161 3162 3163 3164 3165 3166 3167 3168 3169 3170 3171 3172 3173 3174 3175 3176 3177 3178 3179 3180 3181 3182 3183 3184 3185 3186 3187 3188 3189 3190 3191 3192 3193 3194 3195 3196 3197 3198 3199 3200 3201 3202 3203 3204 3205 3206 3207 3208 3209 3210 3211 3212 3213 3214 3215 3216 3217 3218 3219 3220 3221 3222 3223 3224 3225 3226 3227 3228 3229 3230 3231 3232 3233 3234 3235 3236 3237 3238 3239 3240 3241 3242 3243 3244 3245 3246 3247 3248 3249 3250 3251 3252 3253 3254 3255 3256 3257 3258 3259 3260 3261 3262 3263 3264 3265 3266 3267 3268 3269 3270 3271 3272 3273 3274 3275 3276 3277 3278 3279 3280 3281 3282 3283 3284 3285 3286 3287 3288 3289 3290 3291 3292 3293 3294 3295 3296 3297 3298 3299 3300 3301 3302 3303 3304 3305 3306 3307 3308 3309 3310 3311 3312 3313 3314 3315 3316 3317 3318 3319 3320 3321 3322 3323 3324 3325 3326 3327 3328 3329 3330 3331 3332 3333 3334 3335 3336 3337 3338 3339 3340 3341 3342 3343 3344 3345 3346 3347 3348 3349 3350 3351 3352 3353 3354 3355 3356 3357 3358 3359 3360 3361 3362 3363 3364 3365 3366 3367 3368 3369 3370 3371 3372 3373 3374 3375 3376 3377 3378 3379 3380 3381 3382 3383 3384 3385 3386 3387 3388 3389 3390 3391 3392 3393 3394 3395 3396 3397 3398 3399 3400 3401 3402 3403 3404 3405 3406 3407 3408 3409 3410 3411 3412 3413 3414 3415 3416 3417 3418 3419 3420 3421 3422 3423 3424 3425 3426 3427 3428 3429 3430 3431 3432 3433 3434 3435 3436 3437 3438 3439 3440 3441 3442 3443 3444 3445 3446 3447 3448 3449 3450 3451 3452 3453 3454 3455 3456 3457 3458 3459 3460 3461 3462 3463 3464 3465 3466 3467 3468 3469 3470 3471 3472 3473 3474 3475 3476 3477 3478 3479 3480 3481 3482 3483 3484 3485 3486 3487 3488 3489 3490 3491 3492 3493 3494 3495 3496 3497 3498 3499 3500 3501 3502 3503 3504 3505 3506 3507 3508 3509 3510 3511 3512 3513 3514 3515 3516 3517 3518 3519 3520 3521 3522 3523 3524 3525 3526 3527 3528 3529 3530 3531 3532 3533 3534 3535 3536 3537 3538 3539 3540 3541 3542 3543 3544 3545 3546 3547 3548 3549 3550 3551 3552 3553 3554 3555 3556 3557 3558 3559 3560 3561 3562 3563 3564 3565 3566 3567 3568 3569 3570 3571 3572 3573 3574 3575 3576 3577 3578 3579 3580 3581 3582 3583 3584 3585 3586 3587 3588 3589 3590 3591 3592 3593 3594 3595 3596 3597 3598 3599 3600 3601 3602 3603 3604 3605 3606 3607 3608 3609 3610 3611 3612 3613 3614 3615 3616 3617 3618 3619 3620 3621 3622 3623 3624 3625 3626 3627 3628 3629 3630 3631 3632 3633 3634 3635 3636 3637 3638 3639 3640 3641 3642 3643 3644 3645 3646 3647 3648 3649 3650 3651 3652 3653 3654 3655 3656 3657 3658 3659 3660 3661 3662 3663 3664 3665 3666 3667 3668 3669 3670 3671 3672 3673 3674 3675 3676 3677 3678 3679 3680 3681 3682 3683 3684 3685 3686 3687 3688 3689 3690 3691 3692 3693 3694 3695 3696 3697 3698 3699 3700 3701 3702 3703 3704 3705 3706 3707 3708 3709 3710 3711 3712 3713 3714 3715 3716 3717 3718 3719 3720 3721 3722 3723 3724 3725 3726 3727 3728 3729 3730 3731 3732 3733 3734 3735 3736 3737 3738 3739 3740 3741 3742 3743 3744 3745 3746 3747 3748 3749 3750 3751 3752 3753 3754 3755 3756 3757 3758 3759 3760 3761 3762 3763 3764 3765 3766 3767 3768 3769 3770 3771 3772 3773 3774 3775 3776 3777 3778 3779 3780 3781 3782 3783 3784 3785 3786 3787 3788 3789 3790 3791 3792 3793 3794 3795 3796 3797 3798 3799 3800 3801 3802 3803 3804 3805 3806 3807 3808 3809 3810 3811 3812 3813 3814 3815 3816 3817 3818 3819 3820 3821 3822 3823 3824 3825 3826 3827 3828 3829 3830 3831 3832 3833 3834 3835 3836 3837 3838 3839 3840 3841 3842 3843 3844 3845 3846 3847 3848 3849 3850 3851 3852 3853 3854 3855 3856 3857 3858 3859 3860 3861 3862 3863 3864 3865 3866 3867 3868 3869 3870 3871 3872 3873 3874 3875 3876 3877 3878 3879 3880 3881 3882 3883 3884 3885 3886 3887 3888 3889 3890 3891 3892 3893 3894 3895 3896 3897 3898 3899 3900 3901 3902 3903 3904 3905 3906 3907 3908 3909 3910 3911 3912 3913 3914 3915 3916 3917 3918 3919 3920 3921 3922 3923 3924 3925 3926 3927 3928 3929 3930 3931 3932 3933 3934 3935 3936 3937 3938 3939 3940 3941 3942 3943 3944 3945 3946 3947 3948 3949 3950 3951 3952 3953 3954 3955 3956 3957 3958 3959 3960 3961 3962 3963 3964 3965 3966 3967 3968 3969 3970 3971 3972 3973 3974 3975 3976 3977 3978 3979 3980 3981 3982 3983 3984 3985 3986 3987 3988 3989 3990 3991 3992 3993 3994 3995 3996 3997 3998 3999 4000 4001 4002 4003 4004 4005 4006 4007 4008 4009 4010 4011 4012 4013 4014 4015 4016 4017 4018 4019 4020 4021 4022 4023 4024 4025 4026 4027 4028 4029 4030 4031 4032 4033 4034 4035 4036 4037 4038 4039 4040 4041 4042 4043 4044 4045 4046 4047 4048 4049 4050 4051 4052 4053 4054 4055 4056 4057 4058 4059 4060 4061 4062 4063 4064 4065 4066 4067 4068 4069 4070 4071 4072 4073 4074 4075 4076 4077 4078 4079 4080 4081 4082 4083 4084 4085 4086 4087 4088 4089 4090 4091 4092 4093 4094 4095 4096 4097 4098 4099 4100 4101 4102 4103 4104 4105 4106 4107 4108 4109 4110 4111 4112 4113 4114 4115 4116 4117 4118 4119 4120 4121 4122 4123 4124 4125 4126 4127 4128 4129 4130 4131 4132 4133 4134 4135 4136 4137 4138 4139 4140 4141 4142 4143 4144 4145 4146 4147 4148 4149 4150 4151 4152 4153 4154 4155 4156 4157 4158 4159 4160 4161 4162 4163 4164 4165 4166 4167 4168 4169 4170 4171 4172 4173 4174 4175 4176 4177 4178 4179 4180 4181 4182 4183 4184 4185 4186 4187 4188 4189 4190 4191 4192 4193 4194 4195 4196 4197 4198 4199 4200 4201 4202 4203 4204 4205 4206 4207 4208 4209 4210 4211 4212 4213 4214 4215 4216 4217 4218 4219 4220 4221 4222 4223 4224 4225 4226 4227 4228 4229 4230 4231 4232 4233 4234 4235 4236 4237 4238 4239 4240 4241 4242 4243 4244 4245 4246 4247 4248 4249 4250 4251 4252 4253 4254 4255 4256 4257 4258 4259 4260 4261 4262 4263 4264 4265 4266 4267 4268 4269 4270 4271 4272 4273 4274 4275 4276 4277 4278 4279 4280 4281 4282 4283 4284 4285 4286 4287 4288 4289 4290 4291 4292 4293 4294 4295 4296 4297 4298 4299 4300 4301 4302 4303 4304 4305 4306 4307 4308 4309 4310 4311 4312 4313 4314 4315 4316 4317 4318 4319 4320 4321 4322 4323 4324 4325 4326 4327 4328 4329 4330 4331 4332 4333 4334 4335 4336 4337 4338 4339 4340 4341 4342 4343 4344 4345 4346 4347 4348 4349 4350 4351 4352 4353 4354 4355 4356 4357 4358 4359 4360 4361 4362 4363 4364 4365 4366 4367 4368 4369 4370 4371 4372 4373 4374 4375 4376 4377 4378 4379 4380 4381 4382 4383 4384 4385 4386 4387 4388 4389 4390 4391 4392 4393 4394 4395 4396 4397 4398 4399 4400 4401 4402 4403 4404 4405 4406 4407 4408 4409 4410 4411 4412 4413 4414 4415 4416 4417 4418 4419 4420 4421 4422 4423 4424 4425 4426 4427 4428 4429 4430 4431 4432 4433 4434 4435 4436 4437 4438 4439 4440 4441 4442 4443 4444 4445 4446 4447 4448 4449 4450 4451 4452 4453 4454 4455 4456 4457 4458 4459 4460 4461 4462 4463 4464 4465 4466 4467 4468 4469 4470 4471 4472 4473 4474 4475 4476 4477 4478 4479 4480 4481 4482 4483 4484 4485 4486 4487 4488 4489 4490 4491 4492 4493 4494 4495 4496 4497 4498 4499 4500 4501 4502 4503 4504 4505 4506 4507 4508 4509 4510 4511 4512 4513 4514 4515 4516 4517 4518 4519 4520 4521 4522 4523 4524 4525 4526 4527 4528 4529 4530 4531 4532 4533 4534 4535 4536 4537 4538 4539 4540 4541 4542 4543 4544 4545 4546 4547 4548 4549 4550 4551 4552 4553 4554 4555 4556 4557 4558 4559 4560 4561 4562 4563 4564 4565 4566 4567 4568 4569 4570 4571 4572 4573 4574 4575 4576 4577 4578 4579 4580 4581 4582 4583 4584 4585 4586 4587 4588 4589 4590 4591 4592 4593 4594 4595 4596 4597 4598 4599 4600 4601 4602 4603 4604 4605 4606 4607 4608 4609 4610 4611 4612 4613 4614 4615 4616 4617 4618 4619 4620 4621 4622 4623 4624 4625 4626 4627 4628 4629 4630 4631 4632 4633 4634 4635 4636 4637 4638 4639 4640 4641 4642 4643 4644 4645 4646 4647 4648 4649 4650 4651 4652 4653 4654 4655 4656 4657 4658 4659 4660 4661 4662 4663 4664 4665 4666 4667 4668 4669 4670 4671 4672 4673 4674 4675 4676 4677 4678 4679 4680 4681 4682 4683 4684 4685 4686 4687 4688 4689 4690 4691 4



**PUPU'S**  
Corner of Maple Ave. and Prince Charles Drive

SPECIALS in effect Fri. January 14th to closing Thurs. January 20th, 2011 • OPEN SAT. 8-5, SUN. 10-5, MON., TUES., WED. 9-5, THURS.-FRI. 9-9

**FRESH AIR CHILLED BONELESS SKINNLESS CHICKEN BREASTS**  
**1/2 PRICE 3<sup>99</sup> lb.**

**DELICIOUS BLACK FOREST HAM**  
**1/2 PRICE 2<sup>99</sup> lb.**  
**STIRRED ROAST PORK**  
**1/2 PRICE 4<sup>99</sup> lb.**  
**MOZZARELLA CHEESE**  
**1/2 PRICE 4<sup>99</sup> lb.**

**CORN MEAL PORK BACKS**  
**PEAMEAL BACON**  
**1/2 PRICE 2<sup>99</sup> lb.**

**CUT FROM ONTARIO AA AND AAA BEEF NORWICH PACKERS CORN FED BEEF BONELESS CAPLESS TOP SIRLOIN ROAST**  
**1/2 PRICE 3<sup>99</sup> lb.**

**PUPU'S BAKERY**  
**FRESH BAKED BATARD BREAD**  
**SAVE 69¢ \$1**

**PUPU'S HOT OR MILD ITALIAN SAUSAGE**  
**1/2 PRICE 3<sup>99</sup> lb.**

**FRESH ONTARIO PORK IDEAL FOR PULLED PORK**  
**SHOULDER BUTT ROAST**  
**1/2 PRICE 1<sup>49</sup> lb.**

**D'ITALIANO BREAD**  
**675 g loaf**  
**2/\$4**

**BRAVO SPAGHETTI SAUCE**  
**680ml. can**  
**1/2 PRICE 79¢**

**GATORADE**  
**710 ml bottle**  
**\$1**

**ROBIN HOOD FLOUR**  
**10 KG BAG**  
**9<sup>99</sup>**

**GREEN GIANT FROZEN**  
**Japanese Mix, California Mix, Baby Blend, Bone and Carrot**  
**400/500g bag**  
**2/\$4**

**BREYER'S COOKIE JAR ICE CREAM**  
**1.66 litre carton**  
**1/2 PRICE 3<sup>99</sup>**

**CLOVERLEAF FLAKED LIGHT TUNA**  
**170g can**  
**\$1**

**CHRISTIE'S THINSLATIONS**  
**2/\$5**

**CLINTON ELITE PREMIUM 2-PLY BATHROOM TISSUE**  
**4<sup>99</sup> Pkg. of 12 Double Rolls**

**Shogun's 140 CALORIE CHOCOLATE SANDWICH in COOKIES & CREAM TOPS**  
**1/2 PRICE 2<sup>99</sup> NO. 1009**

**CRANBERRY COCKTAIL**  
**3/\$10**

**RAINBOW PACK SWEET PEPPERS \$2.99 LB.**

**NO. 1 GRADE MOROCCAN CLEMENTINES**  
**3<sup>99</sup> 5 LB. BOX**

**NO. 1 GRADE ONTARIO WHITE POTATOES**  
**1<sup>99</sup> 10 LB. BAG**

**NO. 1 GRADE MEXICAN ENGLISH CUCUMBERS**  
**\$1 EA.**

**CALIFORNIA SEEDLESS ORANGES**  
**3<sup>99</sup> DOZ.**

**LOCALLY PRODUCED APPLE CIDER**  
**3<sup>99</sup> 3 LIT JUG**

**EXTRA FANCY ONTARIO MUTSU APPLES**  
**\$1 LB.**

**NO. 1 GRADE ONTARIO CABBAGE**  
**1<sup>29</sup> LARGE SIZE EA.**

**NO. 1 GRADE ONTARIO RUTABAGAS**  
**49¢ LB.**

## ■ CHAMBER: Fourth annual meeting

# South Niagara mayors to address gateway's benefits

ALLAN BENNER  
PelhamNEWS Staff

PORT ERIE — Port Colborne Mayor Vance Badaway wants to discuss the direction Niagara's economic development will be heading in the coming four years.

"With Niagara being designated by the province as a gateway economic centre ... what does that mean?" he says. "It's a title, but what's the substance of it? What does it do for existing industry and how can it help attract new industry?"

On Thursday, Feb. 3, Badaway will be joined by Welland Mayor Barry Sharpe, Pelham Mayor Dave Augustyn, Watineet Mayor April Jeffs, Port Erie Mayor Doug Martin and Niagara Falls Mayor Jim Diodati to discuss efforts to bring prosperity back to south Niagara, and the region as a whole.

The four chambers of commerce representing the six municipalities are teaming up to organize the fourth annual Mayors of South Niagara Luncheon, being held at Bridgewater Country Club on Gilmore Rd. in Port Erie.

Badaway says the gateway economic centre designation could mean that municipalities in that area could offer new incentives to investors.

His efforts to bring another designation to the area — a designation as a "foreign trade zone" — could mean even more incentives can be offered to new and existing industries, he says.

Those are a few of several issues Badaway plans to discuss during the luncheon. Sharpe says he briefly discussed the upcoming luncheon with Badaway a few months ago. At the time, they decided that Badaway would set the agenda for the event, because he's participated in the annual luncheon since the first one held in 2006 at the Day's Inn on Welland's Niagara St.

At that time, the event only included the mayors of Welland, Port Colborne,



WAYNE CAMPBELL Staff Photo  
Pelham Mayor Mayor Dave Augustyn.



DAVE JOHNSON Staff Photo  
Watineet Mayor April Jeffs.

Pelham and Watineet.

Port Erie's mayor was invited to the next luncheon a year later. And this year, the event was expanded to include Niagara Falls' mayor.

Although Niagara Falls isn't quite as far south as Welland and Pelham, Badaway says Diodati was invited for several reasons, including his community's designation — along with Port Erie — as a gateway economic zone.

"With the gateway economic zone being Port Erie and Niagara Falls, and the gateway economic centre being Welland and Port Colborne ... it just makes sense to now start talking as one voice together."

Tickets for the event are \$20 each for chambers members, or \$25 for non-members. They can be reserved by calling 905-732-7515.

abenner@wellandtribune.ca